LADERA RANCH ROOOTSANDOWNOGS LATERARANCH'S OFFICIAL COMMUNITY MAGAZINE

LADERA'S LEGACY OF COMMUNITY







Volunteer of the Decade Award Recipients Jay Rogers and Samantha Desai

INTHISISSUE...





UPCOMING EVENTS HARVEST FESTIVAL



A CON THE COVER JAY ROGERS AND SAMANTHA DESAI

D.T.S

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ROOTSAND**WINGS**

LADERA RANCH COMMUNITY SERVICES (LARCS) Oak Knoll Village Clubhouse 28192 O'Neill Drive 949.388.8300 | contact.larcs@laderalife.com Monday-Friday: 9:00 a.m. to 5:00 p.m.

Events • Programs • LaderaLife.com • Community Partnerships Groups & Clubs • Roots and Wings Magazine • Ladera Happenings

LARCS BOARD OF DIRECTORS

President	Greg Sink
Vice President	Jay Rogers
CFO	Barton Warner
Secretary	Armando Rutledge
Director at Large	Dalia Viera
Non-Voting Officer	Joya Celik
Non-Voting Officer	Chris McAndrew

LADERA RANCH MAINTENANCE CORPORATION (LARMAC)

Avendale Village Clubhouse 1 Daisy Street 949.218.0900 | contact.larmac@laderalife.com Monday through Friday: 9:00 a.m. to 6:00 p.m. Saturday: 9:00 a.m. to 5:00 p.m. Closed daily for lunch: 1:00 to 2:00 p.m. Available by appointment only.

Membership Cards • LaderaLife Registration Architectural Plan Submittal • Enforcement Review Common Area Maintenance • Facility Reservations

LARMAC BOARD OF DIRECTORS

President	Chase Fitzpatrick
Vice President	Matt Plaxton
Treasurer	Samantha Talley
Secretary	Frank de Lima
Assistant Secretary	Tony Castillo
Non-Voting Officer	Ricardo Naranjo
Allied Universal Security Service	
FirstService Residential CA	

As a service to Ladera Ranch residents ("Participants"), LARCS makes available various service providers such as instructional and recreation class instructors, sports leagues, social events and others that may be added from time to time (collectively, the "Providers"), which agree to provide classes and other activities to Participants. However, neither LARCS, LARMAC, FirstService Residential CA, DMB Ladera, nor any of their directors or officers (collectively, the "Ladera Parties") recommend or endorse any of the Providers or any classes, activities, information, advice or services provided by such Providers (collectively, the "Products"). The Ladera Parties are not responsible for the accuracy, reliability or quality of any Product provided to Participants by or on behalf of any Provider. Any reliance upon any Products of a Provider shall be at the Participant's sole risk.

The Ladera Parties expressly disclaim any and all warranties, expressed or implied, including, without limitation, warranties of merchantability and fitness for a particular purpose, with respect to any Product any Participant obtains from a Provider. In no event shall the Ladera Parties be liable for any direct, indirect, incidental, punitive or consequential damages of any kind whatsoever with respect to any Product or information provided by, on or behalf of, a Provider. Since individual needs vary from Participant to Participant, the Ladera Parties suggest that each Participant conduct the necessary due diligence to ensure that any Product and/or Provider selected for use by a Participant is appropriate for such Participant's circumstances. LARCS reserves the right, as its sole discretion and without any obligation, at any time to withdraw any benefit of discount and to cancel any provider.

Your attendance at LARCS and/or LARCS Partnership events constitutes your permission to LARCS and/or parties designated by LARCS to photograph you and your family members, including minor children, and to use such photographs in all forms of media and any and all promotional purposes including advertising, publicity, display, audiovisual, exhibition, commercial and editorial use. The term "photograph" as used herein, encompasses still photographs, audio recording and motion picture footage. LARCS reserves the right to reproduce and/or authorize reproduction and use of such photographs for use in all promotional markets. LARCS and any of its associates, affiliates, designated directors, officers, agents, and employees are not liable for any claims of civil violation of privacy as result of photographs taken at LARCS events.







CHASE FIZPATRICK President Ladera Ranch Maintenance Corporation (LARMAC)

GREG SINK President Ladera Ranch Community Services (LARCS) FROM YOUR BOARD PRESIDENT

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On behalf of the LARMAC and LARCS Board of Directors, "Thank You" for making the summer of 2022 one of the most fun – ever! It was exciting to see you all at the summer concerts and the July 4th Celebration.

Recognizing Volunteerism

In this issue, we spotlight some of our neighbors who have generously given their time as volunteers. Service to others through volunteerism is a core value that Ladera Ranch was built upon. Congratulations to **Jay Rogers** and **Samantha Desai** who were presented the Volunteer of the Decade award earlier this year (see page 4).

Volunteering in our community helps bring balance to our lives. With so much in the world that is out of our control, taking an active role in our own community is empowering. When children and young people see adults in their lives lean in, step up, and productively participate in their own community, it models what it means to be a good citizen and neighbor.

Your HOA at Work

One of the most significant year-round efforts is working with the Orange County Fire Authority (OCFA) in landscape management, specifically the management and maintenance of fuel modification zones and defensible space. OCFA works closely with LARMAC with O'Connell Landscape Management to ensure compliance with current standards (see page 12).

Friendly (and Fun) Competition

Thank you to those who entered the **Summer Photo Contest**. It was great to see how you and your neighbors have been enjoying your summer, and where we live. Visit LaderaLife to see the winning photos. Next, be sure to nominate yourself or a neighbor for the **Ladera Landscape Awards**, which recognizes those who are keeping Ladera in tip-top shape and looking great.

Gratitude for Leadership

Finally, we would like to thank Armando Rutledge who has served as LARCS Board President over the past three years. As an original homeowner, Armando has volunteered in numerous roles while raising his family with his wife Lisa and working as a traffic engineer. Armando led LARCS through the challenges of COVID and will continue to serve on the LARCS Board of Directors for another term.



Be sure to stay tuned for news and official announcements in the weekly newsletter **Ladera Happenings** which is sent every Thursday.

We wish you and your family a happy fall season and a successful school year.

VOLUNTERISM THE FACES BEHIND LADERA'S HEART & SOUL

ROOTSAND**WINGS** LAUR

> ince the beginning, Ladera Ranch has been known as 'the connected community.' In addition to the award-winning design of the neighborhoods and villages, and its leading-edge intranet site known as LaderaLife, it was the Ladera lifestyle that would uniquely set it apart from other master-planned communities.

> More specifically it's the shared values of generosity and what it means to be neighborly that is the heart and soul of Ladera For many, Ladera's Roots And Wings. concept of fostering a sense of community that allows our family and children to grow roots that ground them, and wings that enable them to achieve their full potential is certainly a shared value.

> Volunteerism is generously investing back into the community by serving others which is every resident's call to action.

VOLUNTEERS OF THE DECADE Jay Rogers

Earlier this year, LARCS presented the Volunteer of the Decade award to Jay Rogers and Samantha Desai for their volunteerism.

As President and Chief Investment Officer of an Orange County firm, Jay Rogers is familiar with investing. If you ask him, he'll likely tell you that the most rewarding ROI has come from the time he has invested as a coach and community volunteer. He has coached the track and field team at Tesoro High School,



volunteers with his sons at community events, and is the longestserving board member at 10 years on the LARCS Board of Directors.

Jay has also served as Scoutmaster for the Boy Scouts, founded the Raptors Rugby Club, and is the President of the Southern California Youth Rugby which is the governing body of rugby for over 5,000 youth; he has coached Little League, flag football, and rugby in Ladera Ranch. He currently serves as a Legacy Leader with the Ambassadors of Compassion program which helps youth cope with peer pressures and to thrive.



Samantha Desai

When it comes to showing the true spirit of volunteerism, there is no one quite like Samantha Desai who does so with grace, care, and compassion. She is known as an effective leader who passionately dedicates herself to any volunteer role she takes on, and she always does it with an infectious smile.

As PTA President she has championed the active participation of parents in bridging the efforts of

teachers in the classroom, with those efforts at home. Her goal in doing so? To help shape the lives of children and families in a positive way. She says, "The early years of a child's development are among the most important in shaping a life-long love of learning as well as forming healthy social connections and relationships.

Samantha's volunteer roles have included PTA President 2022-23, Book Fair Chair, Room Parent, Spirit Wear Chair, AYSO volunteer and Little League Team Mom, and collection drives for 'Adopt a Family' for Families Forward. She has also led community outreach for animal organizations, the Fire Department, and Marines at Camp Pendleton.

COMMUNITY GROUP OF THE YEAR



The Ladera Ranch Middle School Peer Assistance Leadership (PAL) Class



PAL leaders help build a positive school climate through youth leadership, mentoring, conflict resolution, cross-age teaching, peer-helping, service learning, and suicide prevention activities.

The PAL program supports the development in the areas of leadership, communication, team building, and problem-solving. Students receive training in the PAL curriculum and plan campus outreach activities.

During the 2021-22 school year, 30 PAL leaders implemented:

- Collection of supplies and food for local Marines, food pantries, animal shelters, and refugees
- Coordination of Red Ribbon Week
- Implementation of a Mental Health Week
- Career Day event for students
- Coordination of Kindness Month
- Member-led school tours and lunches
- Adopted a family during the holidays to provide gifts

FAMILY VOLUNTEER OF THE YEAR Abuharoon family





This award recognizes the generosity, contributions and service to others that Victor and Christine Abuharoon, have given to make a positive impact in the community throughout the year.

Christine and Vic bake to donate! They make thousands of baked items each year to donate to several organizations such as Meals on Wheels, Relay For Life, the Marines and homeless in Doheny. During COVID Vic started making pizza dough and donated proceeds, which generated \$30,000 to a dozen or so families and businesses in need.

During the holidays they collected toys for tots, helped serve dinner to over 800 Marines, and provided 500 cookies as part of the meal.

Last summer they helped young kids supply their lemonade stands to promote and give funds to a charity of the child's choice. They recently started a Ukraine fund and have collected almost \$4,500. They have enlisted the help of families to package items and teens to help make deliveries to cars on pick-up days.

NEIGHBORHOOD OF THE YEAR Bellataire 2





Bellataire 2 promotes neighborly connectedness through organizing various social events and activities throughout the year. Neighbors also support one another throughout life events and outreach initiatives such as organizing 'meal trains' for new families, running a book club and reading together, and supporting the three adoptees who live in the neighborhood.

For fun, neighbors organize get-togethers and potlucks at the pocket park, a New Year's Eve party, and a summer Olympics event for the kids. Each year the neighborhood participates in LARCS-sponsored events such as the Freedom Run, the July 4th Celebration, and concerts in the park. One of the neighborhood's favorite activities is to support each other's culture and diversity by hosting progressive dinner parties, opening their homes, and sharing unique cuisine with each other.

~ Continued on page 9

THANK YOU TO THESE DEDICATED VOLUNTEERS

5 YEARS OF SERVICE

- Isabel Catalano
- Tina Catalano
- Chase Fitzpatrick
- David Geisinger
- Amy Griffin
- Kayla Hallbeck
- Eileen Parker
- Barbara Reinmiller
- Christine Reves
- Dalia Viera

FALL 2022 | LADERALIFE.COM

Rachel Warner

15 YEARS OF SERVICE

- Armando Rutledge
 Grad Sink
- Greg Sink
- Jay Rogers

Anthony Guiso

10 YEARS OF SERVICE

Alison Duff

Barton Warner

5





Founders Park

This annual signature event features live music a craft fair and activities for all ages. Enjoy food and a beer garden – available for purchase. There will be a costume contest, trick-or-treating, photo opportunities, recreation program demonstrations, and more.



CHILDREN'S ACTIVITY WRISTBANDS

Purchase early and save! Wristbands are available on LaderaLife beginning 9:00 a.m. Monday, October 3 through 5:00 p.m. Wednesday, October 19. Wristbands will be available at the event for \$15. Note: Activity lines will close at 4:30 p.m.



COSTUME CONTEST

Enter the annual Costume Contest and parade for a chance to win prizes and bragging rights. Registration opens at 12:00 p.m. with judging at 2:00 p.m. The parade immediately follows. Categories include Best Kid, Teen, and Group.



HANDMADE CRAFT FAIR

Showcase and sell your unique handcrafted items during the festival. For more information and to be considered, email contact.larcs@laderalife.com.

FALL EVENTS 2022



TUESDAY, **SEPTEMBER 13 NEW HOMEOWNER WELCOME RECEPTION** 6:30 - 8:00 P.M. | COVENANT HILLS VILLAGE CLUBHOUSE

This event is designed for new homeowners to get an introduction to the community and to meet others who are new to Ladera Ranch. You'll meet and hear from Ladera Ranch Community Services (LARCS) and Ladera Ranch Maintenance Corporation (LARMAC). Enjoy delicious hand crafted pizza and salad from Community Partner, zpizza Ladera Ranch.



SATURDAY, SEPTEMBER 24 DENIM & DIAMONDS 6:30 - 9:30 P.M. | OAK KNOLL VILLAGE CLUBHOUSE | \$55 PER PERSON | 21+

Enjoy a western-themed, down-on-the-ranch adult event that celebrates the values that Ladera Ranch was founded – family, friends, and fun. Don't miss this first-time, ranch-themed fundraiser, supporting the Ladera Rancho Chamber of Commerce where you'll enjoy an evening of music, dancing, a hearty BBQ menu, and bar. Jeans, boots, cowboy hats, and flair are highly encouraged.

This fundraiser, supporting our business community will include a silent auction and opportunity drawing to add to the fun.



OCTOBER 14 - 26 HALLOWEEN HOME DECORATING CONTEST ENTRY DEADLINE: WEDNESDAY, OCTOBER 12

Unearth those spooky Halloween decorations, spider webs and jack-o-lanterns! It's time to enter the Halloween Home Decorating Contest. Use the interactive map on LaderaLife to view home entries and vote for your favorites. Judging will conclude on Wednesday, October 26. Winners will be announced on Thursday, October 27.

SATURDAY, OCTOBER 29 TEEN MOVIE NIGHT & HAUNTED MAZE 7:00 - 10:00 P.M. | COVENANT HILLS VILLAGE CLUBHOUSE | GRADE 6-12 | \$5 PER TEEN

The most frightening teen event of the year is sponsored by LARCS Teen Leadership Council. Teens will wind through a haunted maze, take pictures at selfie stations, enjoy a nacho bar, candy buffet and hand-dipped ice cream bars while they watch Ghostbusters, the movie.

Bring your low-back chair or blanket to enjoy the movie. Two guests per Ladera Ranch teen are allowed and must be identified during the registration process.

TUESDAY, NOVEMBER 1 LADIES NIGHT OUT: CHARCUTERIE BOARD 6:00 - 9:00 P.M. | OAK KNOLL VILLAGE CLUBHOUSE

21+ | \$50 PER PERSON

LARCS is teaming up with the AR Workshop to present a special evening for the ladies. Enjoy a fun evening learning the art of creating and decorating a 6" x 16" charcuterie board. Enjoy a personal mini charcuterie board that you assemble at the beginning of class while you sip on refreshing beverages.





FRIDAY, NOVEMBER 11 VETERANS DAY 10:00 A.M. - 1:00 P.M. | TOWN GREEN

This is a wonderful family event to publicly honor our local veterans and families and to personally thank them for their service. This event is organized by Lion's Heart Group 2025.





~ Continued from page 5 (VOLUNTERISM)



TEEN VOLUNTEER OF THE YEAR Isabella Karmis

LARCS named Isabella Karmis Teen Volunteer of the Year for her leadership as a volunteer and for providing a positive impact on the community over the past year. Over the past 12 months, Isabella has generously volunteered 288 hours of service. As a full-time high school student with a 4.11 cumulative GPA, she managed to volunteer six hours per week.

In 2020, Isabella founded Generation Collaboration with the mission to unite generations through acts of kindness. Her passion for spreading kindness and helping others continues to grow with each project. As a Ladera resident, Isabella has touched residents directly and indirectly through connections in the surrounding communities and through their loved ones who have received medical services, one of the many ways that Generation Collaboration made possible.

Isabella has led fundraising efforts to send a deserving child to San Juan Capistrano's Summer Camp where she had previously served as a volunteer photographer. While at that camp, she fell in love with the program that made a positive impact on the lives of children with disabilities.



RANCH HAND VOLUNTEER OF THE YEAR Alison Duff

Alison has consistently demonstrated an extraordinary commitment of her time and talent as a member of the LARCS Event Planning Committee (EPC) for the past 11 years. Her role on the committee has helped bring exciting events to Ladera for all residents to enjoy. These events help foster a sense of community and bring residents together through shared experiences.

Alison also generously gives of her time to lead a Girl Scout Troop. As a leader of the troop, girls observe the Girl Scout Law which incorporates being considerate, caring, and courageous. Alison's commitment to serving our community and children will positively impact the current generation and future ones.

During the pandemic and the resulting limitations that didn't allow for the hosting of large events, Alison remained solution-focused and helped champion creative ideas such as holding online and virtual events, drive-through experiences at Spring Celebration and other ideas that gave residents a familiar sense of normalcy and fun (from a distance).



ADULT VOLUNTEER OF THE YEAR Tony Tiengtum



Tony has been a long-term volunteer for AYSO, Little League, and at Chaparral Elementary School. In addition to volunteering his time as the Regional Commissioner of AYSO for the largest region in Orange County, he also serves as an AYSO referee and umpires for Little League. As part of the PTA at Chaparral Elementary, he serves as the Treasurer. In the classroom, Tony can be found assisting struggling students and is also a part of Watch D.O.G.S. (Dads of Great Students), a program that promotes the positive presence of fathers and father figures on the playground.

When asked why he volunteers so much (the Regional Commissioner responsibilities can demand 20+ hours a week), Tony replies, "It's for the kids."

On any given day, you will see Tony in the community giving back somehow. And in many cases, his children are with him learning how to be generous with their time, as well.



Stay Connected with

LaderaLife

LaderaLife.com connects you to your community, your Board of Directors, helpful resources, events and more. A LaderaLife account is required to view information.





Ladera Happenings

Residents with a LaderaLife account receive Ladera Happenings, the official eNewsletter. It's an easy and convenient resource to stay informed about community events, activities and news. Not currently receiving Ladera Happenings? Scan the code to sign up!



Events & Programs

Check out the latest events, programs and activities happening in the community. Don't miss Ladera's annual signature events, and recreation programs for all ages!



News & Announcements

Access the latest official announcements from Ladera Ranch Maintenance Corporation (LARMAC) and Ladera Ranch Community Services (LARCS) in the communications section of LaderaLife.





Tennis, Pickleball Court & Lap Swim

With a few simple clicks, you can reserve a tennis, pickleball or lap lane or even check the daily court/lap lane schedule to find an opening. Lap lanes are available at the Avendale or Oak Knoll Village Clubhouse pools.



Clubhouse & Picnic Reservations

Whether you're planning a family reunion, wedding, holiday party or other social event, there are many amenities to select from to fit your needs. Chose from four clubhouses or picnic areas in the community parks. Reservation cost and packages vary.



TEEN **MSVIE NIGHT &** HAUNTED MAZE



The most frightening teen event of the year is sponsored by LARCS Teen Leadership Council. Teens will wind through a haunted maze, take pictures at selfie stations, enjoy a nacho bar, candy buffet and handdipped ice cream bars while they watch Ghostbusters, the movie.

Bring your low-back chair or blanket to enjoy the movie. Two guests per Ladera Ranch teen are allowed and must be identified during the registration process.

SATURDAY, OCTOBER 29

7:00 - 10:00 P.M. | Covenant Hills Village Clubhouse **\$5** per teen, grade 6-12



LARCS SCHOLARSHIPS

Congratulations to the 2022 LARCS Teen Scholarship and Saddleback College Scholarship Award recipients. This LARCS program recognizes the efforts of outstanding local students who will grow up to be our future leaders.

TEEN SCHOLARSHIP RECIPIENTS



Shirin Dunker University of California, Los Angeles





Tyler Enright University of California Irvine

Carol Yassa

Los Angeles

University of California,







Mason Okumura University of Georgia



Srihas Payidipaty University of California Irvine



LARCS

Isabella Searle **Brigham Young** University



Jaden Clark Nursing

Joy Yassa University of California, Los Angeles

HOATWORK Preparation for Fire Season

ith the season change comes Santa Ana winds, otherwise known as the official fire season in California.

Over the past several months you have likely noticed several large landscape and slope renovation projects underway throughout Ladera Ranch. Many of these were focused on removing old and overgrown groundcover vegetation, called Acacia redolens. These locations were prioritized by our Landscape Management team with the help of the Orange County Fire Authority (OCFA). The projects were primarily focused on locations regulated as Defensible Space by the California Department of Forestry and Fire Protection (Cal Fire) and OCFA.

Groundcover with excessive growth in a small space that is deemed to be ember receptive and within close proximity to residential structures (100') is an area recently regulated as Defensible Space by Cal Fire. The following is taken from their website:





After

DEFENSIBLE SPACE

Keep your property lean and green to help protect your family and home.

Defensible space, coupled with home hardening, is essential to improve your home's chance of surviving a wildfire. Defensible space is the buffer you create between a building on your property and the grass, trees, shrubs, or any wildland area that surround it. This space is needed to slow or stop the spread of wildfire and it helps protect your home from catching fire—either from embers, direct flame contact or radiant heat. Proper defensible space also provides firefighters a safe area to work in, to defend your home.

Most of this developer-installed plant material has been in place for 15-20 years. The removal of Acacia redolens throughout Ladera 12 FALL 2022 | L Ranch is an ongoing multi-year project. A portion of your monthly reserve contribution funds the removal projects.

In addition to Defensible Space areas, priority has been given to those project locations that lie within the Very High Fire Hazard Severity Zones, as determined by Cal Fire. Field reviews are conducted with OCFA and a corrective plan is agreed upon and put into place, which often involves removing all the slope vegetation and then replanting.

More information regarding California's Fire Hazard Severity Zones can be found at the Office of The State Fire Marshall's website, at osfm.fire.ca.gov/.



FUEL MODIFICATION ZONE

Apart from the project work to reduce vegetation in the Defensible Space areas, Ladera Ranch was developed with a Fuel Modification Zone that surrounds the entire community. This "Fuel Mod" is maintained throughout the entire year by LARMAC's maintenance contractor, O'Connell Landscape Maintenance. The program focuses on numerous tasks through the different seasons to maintain noxious weed growth, control native vegetation, as well as maintenance pruning in the irrigated zones.

Working closely with OCFA throughout the year to ensure full compliance with the regulated standards is a top priority for LARMAC. With California experiencing longer wildfire seasons, the ongoing work throughout the year by LARMAC has never been more important than it is today.

For information on how to protect your home, visit readyforwildfire.org

For information about Cal Fire, visit fire.ca.gov



Olivia Freeman, Eagle Scout.

NEW DEMONSTRATION GARDEN

LARMAC partnered with Ladera Ranch teen resident and Eagle Scout Candidate, Olivia Freeman who focused on water conservation and sustainability for her Eagle Scout Service Project.





CREATIVE PROBLEM SOLVING

As LARMAC was planning for irrigation repairs and modifications to the disc-golf course in Covenant Hills, there was a sod shortage. Looking for options, LARMAC in partnership with O'Connell Landscape, harvested its own sod from a large greenbelt along O'Neill Drive across from Wagsdale Park (above). The area has filled in nicely in just three short months. Below O'Connell staff members install the sod at the disc golf course.





WAGSDALE DOG PARK

New shade structures have been installed at the park. Additionally, a decomposed granite pathway that runs the perimeter of the park has been added for residents who wish to walk/exercise, and the parking lot has been resurfaced.



GOING BIG(GER) AT THE SKATE PARK

The fence at the skatepark has been replaced. This was a planned replacement, also known as a 'reserve project.' The new fence measured 8' feet tall, 2' feet higher than the previous one.



PLEASE STAY TO THE RIGHT

New, larger directional signs have been added to the roundabouts. The direction in which to turn might seem obvious to most residents, but those who drive through town from out of the area often need a point in the right direction.

RECREATIONPROGRAMS

EARLY CHILDHOOD



MUSIC TOGETHER Register at musicmovesacademy.com

Age 0 - 4

A gold standard in early childhood music and movement. Families participate together in songs, rhythmic activities, movement, and instrumental jam sessions. We create a fun, informal, musically rich social setting that supports different learning styles of children and adults.

Thu / Sep 8 / 9:15 – 9:45 a.m. / Free Demo / Oak Knoll Mon / Sep 12 – Nov 14 / 10:30 – 11:15 a.m. / \$230 / Oak Knoll Mon / Sep 12 – Nov 14 / 4:15 – 5:00 p.m. / \$230 / Oak Knoll Th / Sep 15 / 9:15 – 10:00 a.m. / Free Demo / Oak Knoll Th / Sep 15 – Nov 17 / 9:15 – 10:00 a.m. / \$230 / Oak Knoll Th / Sep 15 – Nov 17 / 10:15 – 11:00 a.m. / \$230 / Oak Knoll

ENRICHMENT

RHYTHM KIDS Register at symusictogether.net

Age 4 - 6

This is just the class to get your child to put down the iPad and start making music with their friends. In each class we drum, sing, move, and play to rhythms inspired by musical traditions from around the world. Students learn to compose and conduct as they play a variety of musical instruments, and most importantly their voices and bodies. RK will help children develop the facility, repertoire, and creativity to be confident music students. Excellent as a stand-alone music class or as a companion to private lessons.

Wed / Sep 7 / 4:30 – 5:00 p.m. / Free Demo / Flintridge Wed / Sep 14 – Nov 2 / 4:30 – 5:15 p.m. / \$200 / Flintridge



ETIQUETTE

Register at theetiquettefactory.com/msjenn

Age 5 - 9

This is a unique learning experience designed to change the world, one child at a time. Our exclusive program helps children understand why integrity, respect, empathy, and charity help our lives both personally and professionally. Over 50 different etiquette skills are taught using games, role play, and activities. Supply Fee: \$20 covers camper gift set and in-class supplies.

Tue / Sep 13 – Oct 18 / 4:00 – 6:00 p.m. / \$139 / Oak Knoll

CPR/AED/FIRST AID CERTIFICATION Register at babylovencp.com

Age 7+

This class covers CPR, choking relief, and the use of an Automated External Defibrillator (AED) for all ages. Students will receive hands on practice. Students receive a Heartsaver CPR/AED certification card which is valid for 2-years. There will be an optional First Aid segment at the end of the class.

Sat / Sep 10 / 11:00 a.m. – 12:30 p.m. / \$90 / Avendale Sat / Oct 15 / 11:00 a.m. – 12:30 p.m. / \$90 / Avendale Sat / Nov 12 / 11:00 a.m. – 12:30 p.m. / \$90 / Avendale

FAMILY CPR & CHOKING RELIEF Register at orangecountymidwife.com/cpr

Age 7+

This class covers CPR and Choking Relief skills for all ages. Students will get to use CPR manikins for hands on practice. This class is great for parents, grandparents, sitters, nannies and siblings. This class does not provide certification and is for self-education purposes.

Sat / Sep 10 / 11:00 a.m. - 12:00 p.m. / \$55 / Oak Knoll Sat / Oct 15 / 11:00 a.m. - 12:00 p.m. / \$55 / Avendale Sat / Nov 12 / 11:00 a.m. - 12:00 p.m. / \$55 / Avendale

SPORTS AND FITNESS



LADERA RANCH TENNIS – JUNIORS PROGRAM Register at lovetennisinquiries@gmail.com

Age 5 – 18

Ladera Ranch Tennis is the official year-round tennis program of Ladera Ranch. The coaches train students in firm foundations and excellent technique, equipping them with the skills they need to break into competitive tennis. Students will receive an unwavering commitment to help them reach their highest potential and have fun while playing the sport. Private lessons and classes are also available for adult players.

Red/Orange Ball / M – F / 3:00 – 4:00 p.m. / Covenant Hills / Age 5 – 10 Green/Yellow Ball / M – F / 4:00 – 5:30 p.m. / Covenant Hills / Age 10 – 15 Yellow Ball+ / M – F / 5:30 – 7:00 p.m. / Covenant Hills / Coach Approved

Juniors Tennis Program Pricing Red/Orange Ball 1 day per week: \$240 2 days per week: \$420 3 days per week: \$540 4 days per week: \$720

Green/Yellow/Yellow+ Ball 2 days per week: \$540 3 days per week: \$720 4 days per week: \$840



SKYHAWKS BASEBALLTOTS

Register at skyhawks.com

BaseballTots focuses on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game! No class 11/11 & 11/25

Fri / Sep 16 – Oct 14 / 3:30 – 4:10 p.m. / \$69 / Oak Knoll / Age 3.5 – 4.5 Fri / Sep 16 – Oct 14 / 4:20 – 5:00 p.m. / \$69 / Oak Knoll / Age 4.5 – 5 Fri / Nov 4 – Dec 16 / 3:30 – 4:10 p.m. / \$69 / Oak Knoll / Age 3.5 – 4.5 Fri / Nov 4 – Dec 16 / 4:20 – 5:00 p.m. / \$69 / Oak Knoll / Age 4.5 – 5

SKYHAWKS MULTI-SPORTSTOTS

Register at skyhawks.com

Aae 2 – 5

Aae 3.5 - 5

Introduce your little superstar to sports in our most popular program. This soccer and baseball class incorporates age-appropriate games and activities to explore balance, hand/ eye coordination, fitness sport skills, and child development. Parent participation is required for 2 to 3.5 years of age.

Mon / Sep 12 - Oct 9 / 10:00 - 10:40 a.m. / \$85 / Oak Knoll / Age 2 - 3.5 Mon / Sep 12 - Oct 9 / 10:50 - 11:30 a.m. / \$85 / Oak Knoll / Age 3.5 - 5 Mon / Nov 7 - Dec 12 / 10:00 - 10:40 a.m. / \$85 / Oak Knoll / Age 2 - 3.5 Mon / Nov 7 - Dec 12 / 10:50 - 11:30 a.m. / \$85 / Oak Knoll / Age 3.5 - 5

SKYHAWKS SOCCERTOTS

Register at skyhawks.com

Age 2 – 5

These soccer-themed motor skill class is very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!" Parent participation required for 2 to 3.5 years of age. No class 11/26

Sat / Sep 17 – Oct 15 / 2:00 – 2:40 p.m. / \$69 / Oak Knoll / Age 2 – 3.5 Sat / Sep 17 – Oct 15 / 2:50 – 3:30 p.m. / \$69 / Oak Knoll / Age 3.5 – 4.5 Sat / Sep 17 – Oct 15 / 3:40 – 4:20 p.m. / \$69 / Oak Knoll / Age 4.5 –5

Sat / Nov 5 - Dec 10 / 2:00 - 2:40 p.m. / \$69 / Oak Knoll / Age 2 - 3.5 Sat / Nov 5 - Dec 10 / 2:50 - 3:30 p.m. / \$69 / Oak Knoll / Age 3.5 - 4.5 Sat / Nov 5 - Dec 10 / 3:40 - 4:20 p.m. / \$69 / Oak Knoll / Age 4.5 -5

SKYHAWKS SOCCER

Register at skyhawks.com

Age 6 – 8

Age 5+

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. No class 11/26.

Sat / Sep 17 - Oct 15 / 4:30 - 5:30 p.m. / \$79 / Oak Knoll / Age 6 - 8 Sat / Nov 5 - Dec 10 / 4:30 - 5:30 p.m. / \$79 / Oak Knoll / Age 6 - 8

AQUATICS

EVOLUTION RACING CLUB Register at evolutionracingclub.com

Evolution Racing Club is a competitive swim club, offering year-round and seasonal swim team options.

EVOLUTION RACING CLUB FALL SWIM TEAM

Register at evolutionracingclub.com

Age 5+

This 2-day per week class seasonal swim program is 12-weeks, Monday through Thursday. Prerequisite: Swimmers must have a working knowledge of freestyle and backstroke. This is great for swim team experience, future competitive swimmers, fall programming, and fitness.

Mon - Thu / Aug 16 - Nov 4 / Avendale

YOGA

TODDLER STORY TIME YOGA Register at pearlsforlife.org

Aae 1 – 5

Combines quiet, educational experiences with age-appropriate yoga exercises for toddlers. A fun way for your child to learn the basics of yoga while moving, playing, and making friends. Creative yoga moves, music, and movement are used to tell a story to introduce the beauty of yoga to toddlers.

Thu / Sep 22 - Nov 10 / 8:30 - 9:15 a.m. / \$160 / Avendale



YMCA ADULT FITNESS CLASSES

Register at ymcaoc.org/mission-viejo-family-ymca

The Mission Viejo Family YMCA is proud to provide the following classes. First-time participants should arrive 15 minutes prior to class to register.

*Classes will be free of cost to current Ladera Ranch residents with an active Mission Viejo Family YMCA membership. Non-members can participate for a \$6 fee per class or purchase a 10-session package for \$55.

Active Older Adult – Balance, Core and Mobility

Age 40+

Designed and crafted for the active older adult to improve quality of life. This class offers challenging balance exercises along with dynamic coordination movements: designed to improve one's sense of balance, core, strength, and mobility.

Tue / Aug 9 - Oct 25 / 11:45 a.m. - 12:30 p.m. / \$55 or \$6 Drop-In / Oak Knoll

Active Older Adult – Strength and Conditioning

Age 40+

Designed and crafted for the active older adult to improve their quality of life and independence. It is tailored to build muscle, strength, and endurance in addition to cardiovascular capacity. Accommodations for physical limitations can be made.

Thu / Aug 11 – Oct 27 / 11:45 a.m. – 12:30 p.m. / \$55 or \$6 Drop-In / Oak Knoll































Greg is an original homeowner moving to Ladera Ranch in 2001 where he and his wife Alyson raised their family of four. Greg remembers driving the dirt road to the builder home sites waiting with dozens of home-buying hopefuls for their turn to choose their home. He still has the picnic basket which they received as a housewarming gift from the developer.

Meet new LARCS president GREG SINK

ARCS

Over 15 years Greg has served on the LARCS Event Planning Committee, volunteered at multiple events, acted as a Neighborhood Representative for Sterling Glen 2, and has served on the LARCS Board since 2016.

Q&A

R&W: What brought you to Ladera Ranch?

We outgrew our home in Lake Forest and were looking for a larger home in a newer development for our growing family. We almost moved to Las Flores but heard about a new master planned community being developed nearby. We eventually sold our home in Lake Forest and made the choice to move to Ladera Ranch.

R&W: How did you get involved in the community?

Honestly, I went to a meeting to learn more about the community and got 'roped in' to volunteering for event input (yes, a Ladera Ranch/Dad joke). I was assured it was a short-term commitment, but that was more than 15 years ago.

R&W: What is your favorite Ladera event?

Although the 4th of July Celebration is the premier event, every event LARCS puts on is a unique experience. Each event is carefully planned and so well executed, so even the smaller events are fun to attend.

R&W: How has volunteering enriched your life?

Whether I was serving on the LARCS Event Planning Committee or on the LARCS Board of Directors, I have thoroughly enjoyed my involvement at every level. For me, the reward is when I see residents enjoying the events, programs and services we offer; especially when they express their gratitude for all the hard work. It's not easy to plan and coordinate over 50 events per year but we continually look for ways to improve and provide even better events and experiences for our community. I have been fortunate to have been involved for over 15 years and enjoy observing the interaction of residents with their neighbors, as well as their reactions at our events.

Two Truths and a Lie:

- 1. Greg was an extra in the bar scene in the original Top Gun movie
- 2. He swam in the icy waters from Alcatraz and made it to shore alive
- 3. Had a full ride scholarship to Purdue University and turned it down

A: Although Greg enjoyed both Top Gun movies, he did not grace the big screen

Stay Prepared and Connected During Wildfires, Natural Disasters

or Southern California residents, preparing and protecting your home in the event of a wildfire is a daily reality.

A top priority for Cox during a wildfire or other natural disaster is to keep customers connected so they can stay informed, check-in with family and friends, and even access their shows and movies while away from home.

Wildfire season now begins earlier and ends later than in years past, so Cox prepares all year long, reviewing its business continuity plan and running through mock wildfire events so employees in all facets of its operations will be prepared and know their role and responsibilities during a natural disaster.

When strong winds and other weather conditions create an increased risk for wildfires, the local power company may notify their residential customers, and business customers like Cox, that they'll be implementing a Public Safety Power Shutoff (PSPS). In the event of a PSPS, Cox services may be interrupted in a neighborhood where power will be shut off.

During a wildfire or PSPS, Cox works closely with the power company and public safety agencies to monitor the situation and ensure the safety of its network and facilities to keep customers connected.

There are also some things Cox customers can also do to better prepare for an unexpected event like a wildfire or Public Safety Power Shutoff.

Corded landlines and backup battery recommended

Cox Voice customers should keep corded landlines and a fully charged backup battery for phone modems in case of emergency. To purchase a battery, call (855) 324-7700 or visit your local Cox store in Rancho Santa Margarita.

Get updates on Cox's Twitter handle

In the event of a Public Safety Power Shutoff, wildfire or natural disaster, Cox will post service outage updates, tips and other important information on Twitter @coxcalifornia.

Download Cox apps before a wildfire or PSPS occurs

Cox app: Check on outages, stay up to date with text alerts and manage your account.

Cox Contour app: Cox TV customers can access the latest news and weather and stream favorite content to their smartphones and tablets.

Portable generators

If your power goes out, a generator may prolong your services, if your Cox service location still has power. Check your generator owner's manual for details on power capacity and safe operation.

Update contact info

In advance of wildfire season, update your preferred contact information with Cox to receive emergency and outage notices.

Disaster Relief Protections

You could be eligible for consumer disaster relief protections if your Cox Voice service goes out during a state of emergency declared by the California Governor's Office or the President of the United States. Disaster relief protections include waiver of a one time activation fee for establishing remote call forwarding. Visit **cox.com/CaliforniaAssist.**

Company Reimbursement for Cox Internet Service

Some organizations reimburse their employees for home Internet service. If you are eligible for a company reimbursement or business expense reporting and you can receive a letter that notes the Internet assessment breakout. The letter will be automatically emailed to you once you complete the online form. The Cox Internet service portion of the master association monthly assessment fee is \$29.79. Visit LaderaLife.com/reimburse.

Residents living in apartment communities are not eligible to receive a letter because they do not pay a monthly assessment fee to LARMAC.





Fire Safety and Prevention ()

Many choose to live in Ladera Ranch for its beautiful topography and surrounding open space. With this privilege comes a level of responsibility to keep our community safe, as fall brings increased risk of wildfires, especially in the midst of drought and recordbreaking heat.

Over the years, California has experienced more severe wildfires and a longer wildfire season, resulting in the loss of lives, homes, businesses, natural habitat and more.

According to a 2020 PBS report, 95% of wildfires in California are caused by human activity. While these statistics barely scratch the surface of the state's history with devastating fire events, we all can play a role in limiting our impacts and reducing the kinds of behaviors that are likely to spark a fire.

Here are a few tips on how you can take action this fire season:

See something, Say something.

Dial 877-4rRanch (877-477-2624) to report those who are engaging in activities that could spark a fire in any of our natural open spaces. Citations are being issued for those violating posted rules and restrictions.

Create and maintain defensible space by clearing dry brush and vegetation from around your home.

Volunteer for the Orange County Fire Watch Network. Visit bit.ly/VolunteerFireWatch



LADERA RANCHO Chamber of Commerce

Ladera's Newest Meet-up: Rancho Capistrano Winery



By C. Todd Stearns, President Ladera Rancho Chamber of Commerce

Rancho Capistrano Winery's long-awaited opening in the Ladera's Mercantile West Center is finally here.

The large, upscale restaurant truly found a perfect home and location in the former Beachfire space. Already the restaurant is a hit with Ladera residents,

thousands of which are already wine club members, as well as those in the surrounding communities such as Rancho Santa Margarita and Mission Viejo.

In addition to wine, Orange County's largest winery is also known for its food, which has received numerous awards.

The kitchen size was one of the elements that attracted owner, Kyle Franson, to the former Beachfire space. Kyle says that the kitchen is significantly larger than those of his two other locations. A larger kitchen equates to culinary creativity! Ladera has menu items not found in San Juan Capistrano or San Clemente locations (wines too!).

When asked how he got started in the business, Kyle fondly recalls when he fell in love with wine on the third tasting of a flight in 2004. It was a Zinfandel that started in all. He and his wife Sylvia shared a love of wine during their courtship 13 years ago and decided to explore the idea of making their own. Their first location in San Juan Capistrano opened in April 2014.

Each location is a certified winery and they source their grapes from Lodi, Paso Robles, Northern California and Washington state. And a tidbit of intel: Kylie Aseltine, the Franson's wine maker and her husband are Ladera residents.

We love the ode to locality with exterior murals painted around the patio, which is dog friendly by the way. The murals depict iconic Southern California locations like Main Beach in Laguna, the Huntington Beach pier, Balboa and their fireplace in San Juan Capistrano.

Large groups and parties are accommodated in the sectioned off part of the patio that faces Town Green Park and patrons are treated to live music five times a week.



Rancho Capistrano Winery (L-R): Michelle Sutherland (Special Event Manager), Sylvia and Kyle Franson (Owners), Devin de la Torre (Wine Club Manager).



Volunteerism



LADERA RANCH

By J Ocana Chair, Ladera Ranch Civic Council

Ladera Ranch is one of the best communities anywhere in this country which is why I have lived here for over 20 years. It's great for many reasons including the wonderful people, beautiful design and wellmaintained landscape, and the unique amenities. We have great community events including the summer

concerts and the July 4th Celebration. Of course, the natural beauty that surrounds Ladera includes the rolling hills, beautiful trees, hiking trails, and so much more. Additionally, however, what I've noticed in my two decades of living here, the spirit of the community lies in the high level of engagement through volunteerism which differentiates Ladera Ranch from other terrific communities.

Volunteerism involves giving of one's time and energy for the benefit of others in the community. This is an essential component for communities to be successful. We are blessed to have so many residents who possess the attitude of leaning in and participating when they see a need. From AYSO to Little League, when there's a need for a coach, team mom, or something else, folks step in to help. When you look around, you will easily find acts of volunteerism; neighbors offering their time and energy to meet a need.

There are many opportunities to serve in Ladera Ranch. The Ladera Ranch Civic Council along with LARMAC and LARCS are important community organizations here that work on making things better for the community. They deal with issues that come up at the county and community level. These organizations have a teen council, elected boards, committees, and other volunteer opportunities for residents to participate in.

The Civic Council is made up of all volunteers. Our seven board members serve two-year terms and are elected positions.

I invite you to lean in and to get involved in active participation through volunteering. When you do, you will be part of the engine that keeps Ladera Ranch running, while keeping Ladera the best community around!



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